



BARKING & DAGENHAM  
CARERS



From September 2014 **Independent Supporters (IS)** can help you with:

- Converting statements into EHC plans.
- Support you in applying for an EHC assessment.
- Support you during the entire 14 weeks or 20 weeks process.
- Can refer you on to an IASS advisor for high level support
- Support families and young people to explore aspirations and outcomes.
- Support families to work with relevant agencies
- Give information about the Local Offer.
- Give information about personal budgets.
- Can attend meetings with you during the process.

Would you like an Independent Supporter to support you through this process?  
Please contact : **0208 593 4422**



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Individual and confidential information can be obtained by contacting an Independent Supporter on

**0208 593 4422**

Carers of Barking & Dagenham  
334 Heathway  
Dagenham  
Essex  
RM10 8NJ  
[www.carerscentre.org.uk](http://www.carerscentre.org.uk)



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Company Limited by Guarantee  
(England)  
No: 3180671



BARKING & DAGENHAM  
CARERS

**Information Advice Support  
Service (IASS)  
&  
Independent Support (IS)**

We offer support and guidance to **PARENTS & CARERS** who have children with special educational needs or **YOUNG PEOPLE** with special educational needs.

Would you like more information about the Education Health Care Plan process?

Are you in need of support or someone to talk to?

To find the answer to these and any other questions you may have please contact:

**0208 593 4422**

[carers@carerscentre.org.uk](mailto:carers@carerscentre.org.uk)  
[www.carerscentre.org.uk](http://www.carerscentre.org.uk)



THERE ARE MANY WAYS IN WHICH BARKING & DAGENHAM CARERS **INFORMATION ADVICE SUPPORT SERVICE (IASS)** CAN OFFER HELP

These include:

- If you are a young person or a parent carer, we can help you to express your or your child's views and aspirations to be included in Education Health Care Plan (EHC)
- Help you understand the SEN process
- Space to talk and time to listen. We take your views seriously.
- Support at meetings such as Reviews, Annual Reviews and Transition.
- We can speak on your behalf if you need us to but help you gain new skills for the future.
- Practical help, including the writing of letters

- Support in talking with professional to help you express your views.
- Preparation and support for exclusion meetings
- Mediation and signposting
- Preparation for tribunal
- Telephone support
- Regular newsletter
- Access to training.
- Signposting to other in-house projects
- Signposting to other services.

If you would like an informal chat with an Independent Support Worker please contact:

**0208 593 4422**

## **CONFIDENTIALITY**

Barking & Dagenham Carers operates a confidentiality policy whereby all information is confidential within the service, unless you have given permission for the information to be shared or if there are safeguarding issues.

Further information can be found on the following websites:

[www.councilfordisabledchildren.org.uk](http://www.councilfordisabledchildren.org.uk)

[www.gov.uk](http://www.gov.uk)

[www.lbbd.gov.uk](http://www.lbbd.gov.uk)

[www.carerscentre.org.uk](http://www.carerscentre.org.uk)