

Preparing for Adulthood pathways

Reference guide for young people aged 14-25 years

LBBD

Year 9 (age 13/14)



EHC Plan and Needs Assessment Process	Friends, Relationships and My Community	Preparing for and thinking about education, employment and training	Developing Independence	Health Lifestyle
- Preparing for Adulthood Transition Review coordinated by the School, to think about what adult life might look like for the young person. In the review your child will have the support of Statutory Services which could include Careers Advisor, School, Educational Psychologist, Speech Therapist and Social Worker - EHC Plan reviewed and new outcomes recorded (if converted to EHCP*) - Review of support in school for those with additional needs but no EHC Plan - Parents & young person fact-find about post 16 provision, referring to Local Offer	Look at support network. Are family aware of support available? Ensure family are directed to resources on local offer - Think about young person's friendship group, closest friend(s) and other key people in their network (circle of support) - Building and maintaining friendships, supporting the young person to develop and keep friendships - Family has information about support they can access, direct to local offer. - Think about any out of school activities the young person does or would like to access	- Start discussing with school interests, favourite subjects, emerging aspirations about work in the future etc. - Discuss with teachers, family, carers about career ideas - Careers Advisor to advise young person to start thinking about next steps. - Work with school to identify how the curriculum will provide opportunities to explore the world of work and start to think about work experience - Planning options/choices/ subjects in school and include research. Discuss year 10/11 options/next steps i.e. during 1:1, group work sessions	- Start talking about the skills needed for independence in the future. - Work with the school to think about curriculum opportunities that might be appropriate to develop young people's skills around independence i.e. travel training, money/budgeting and independent living skills	- Start talking about the skills needed for independence in the future. - Begin to plan how resources/services will be accessed in adult life e.g. equipment, therapies, specialist support, prescriptions, dentist, optician, diet & exercise, sexual health etc. - Ask at GP surgery about an Annual Health Check (see useful resources) - Supported in school/class discussion/review (as appropriate)

	• Think about the time that the young person spends away from home/family that will support building friendships • Are there buddy and mentoring programmes the young person can access			
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Year 10 (age 14/15)



EHC Plan and Needs Assessment Process	Friends, Relationships and My Community	Preparing for and thinking about education, employment and training	Developing Independence	Healthy Lifestyle
• Yr10 Annual Review EHC Plan reviewed and outcomes. • The review should be chaired by a professional in school i.e. SENCO. Those attending school should include young person/parent/carer and LA representative. • If the young person has a long term social care need they may begin to work with an Adult Services Social Worker who will support them to begin thinking about their future.	• Begin to discuss what is important to the young person about friends/social life in the future and how this might be achieved. • How often is young person going out with friends? Is this enough? Is more advice or support needed? • Family is accessing any information or support they may need.	• Start discussions with the school about 'what I like doing', 'what support I need' <i>School</i> will support young person to access work experience. • Parents & young person think about post 16 options. • Careers Advice on how to research and access information about supported employment, internships, apprenticeships and employment/volunteering/out and about with peer group/clubs/community activities. • If likely to have a change of environment post-16 e.g. • move from school to college, consider what might be needed for a smooth • transition e.g. taster day at FE college.	• Ensure skills for travelling as independently as possible are being practised, thinking about what young people might need for the future i.e accessing college, the community and work experience. • Ensure that young people and families are accessing information about potential housing options for the future	• Ensure health professionals (e.g. Practice Nurse and Community Nurse) share information. • Think about Personal Health • Budgets, if eligible. • Annual Health Check via GP if eligible & GP surgery is participating in the scheme. • Awareness of Personal Health Budget if appropriate and if eligible. • Supported in school/class discussion/review (as appropriate).

Year 11 (age 15/16)



EHC Plan and Needs Assessment Process	Friends, Relationships and My Community	Preparing for and thinking about education, employment and training	Developing Independence	Healthy Lifestyle
• Careers Advisor to attend review as appropriate if requested by the school • EHC Plan reviewed, updates completed (if converted to EHCP*) • Careers guidance interview to discuss post 16 options and plans • Young person decides on preferred post 16 option • Health & Social Care may continue transition planning • If moving on from school environment, confirmation of placement should happen by 31st March naming the post16 provision, if an EHC Plan is in place • Plan move if going to new provision • Explore how any Personal Budget or Direct Payment might be used to support employment aspirations • Explore any other funding that might be available to support young people to find and secure employment	• Think about how to make sure friendships will be maintained after school ends • Signpost family/young person to access any information or support they may need to other services e.g. housing • Signpost young person access local services such as sports centres, libraries, cinemas, restaurants, shopping centres, clubs etc? • Family is accessing any information or support they may need • Young people and families understand if they are eligible for short breaks post-18 and what is available via family support worker/community care	• Review work experience undertaken and/or plan further opportunities. • Continue discussions about future plans and explore a range of options. • Signpost young person to relevant agencies i.e. transport, if needed. • Young person is aware of and able to access outreach services to advise on education, employment and training opportunities e.g. Personal NEET Advisor.	• Think about the link between Career Plans/training and housing options to ensure people think about where they might live when thinking about jobs • Advise young person on travel training options i.e. buddy scheme, if appropriate • Signpost young person to charities ie. DABD, Sycamore Trust and family support worker for travel training, if appropriate. • Families and young person has information on the range of housing options available, as appropriate	• Ensure young person/family are aware of the support services available to them. • Ensure young person and family know when they will be discharged from each of the services they use now and who will take over responsibility. • Ensure the young person/family knows how their health needs will be met. • Annual Health Check via GP if eligible & GP surgery is participating in the scheme. • Supported in school/class discussion/review (as appropriate).

A young person may leave school after Y11, but under current legislation should remain participating in learning until the age of 18yrs, which could include:

- full-time education (e.g. at a school or college)
- an apprenticeship or traineeship
- part-time education or training combined with one of the following:
- employment or self-employment for 20 hours or more a week
- volunteering for 20 hours or more a week

Year 12 to 14 (16-19)

EHC Plan and Needs Assessment Process	Friends, Relationships and My Community	Preparing for and thinking about education, employment and training	Developing Independence	Healthy Lifestyle
• Annual review to be conducted by: ○ For school setting as previous years (also update EHCP*) ○ For college setting: by college staff (facilitate update of EHCP*) ○ For training programme or supported apprenticeship/traineeship: by Provider Job applications, work experience, or further study are planned as required by young person. • Parents and young person discuss potential post 19 options with school and key worker and plan visits as appropriate	• Talk about the young person's social group making sure they are able to remain in touch with friends and make arrangements for socialising • Is any additional advice or support required to develop or maintain friendships and/or social life? • Is the young person able to: access local services? ○ travel/get out when they choose, either on their own, with friends or with support? ○ use a telephone, mobile, email, social networking, public transport, learning to drive etc? • If not, explore possible solutions.	• Ensure Career Plan continues to be updated and young person offered careers advice • Plan to spend progressively more time in work related learning or employment that the young person is interested in e.g. work experience/volunteering • Continue to explore all possible options including supported employment, apprenticeships, work based learning, work-related learning at college, paid work, self-employment, higher education • Aware of and have access to Personal NEET Advisor	• Young person and family have information on the range of housing options available. • Young person/family seek benefits advice Think about personal budgets and how these might be used to personalise a young person's support Where a young person is unable to travel independently, consider support that might be necessary to develop independent travel skills and/or assistance that might be available. • Where a young person is unable to travel independently, consider assistance available	• Ensure that the young person/family are in control of any financial support for keeping healthy • Relevant professionals are in contact with each other and share information (with relevant consents), with a shared understanding of how best to communicate with the young person • Annual Health Check via GP if eligible & GP surgery is participating in the scheme

**Age 19-25 years
EET**

EHC Plan and Needs Assessment Process	Friends, Relationships and My Community	Preparing for and thinking about education, employment and training	Developing Independence	Healthy Lifestyle
• Annual Review in place • The EHC Plan, where appropriate may continue if agreed it is appropriate, when young person is accessing Further Education (mainstream or specialist), a training programme, an Apprenticeship or Traineeship • Annual Review and update of EHC Plan: ○ For college setting – by college staff ○ For training programme or supported apprenticeship/traineeship – by Provider • Job applications, work experience or training is planned as required by young person.	• Ensure the young person's social group is being maintained • Check if there is any additional support required to develop or maintain friendships • Continue to review the young person is developing skills to access local services, focusing on travel and communication • Ensure young person has access to Adult Social Care, if appropriate.	• Continue to explore all possible options including supported employment, apprenticeships, work based learning at college, paid work self employment, higher education. • Consider support required for young person to access services via Job Centre Plus. e.g Disability Employment Advisor and Access to Work. • Ensure young person has continued access to careers, information and guidance. • Access to careers advice and/or careers guidance interview.	• Ensure young person and family has information on the range of housing options available. • Where a young person is unable to travel independently, consider support that might be necessary to develop independent travel skills and/or assistance that might be available. • Ensure young person/family have received benefits advice. • Direct to Adult Social Care as appropriate.	• Ensure that the young person/family are in control of any financial support for keeping healthy. • Annual Health Check via GP if eligible & GP surgery is participating in the scheme. • Ensure that young person knows how to keep healthy. • Ensure relevant professionals are in contact with each other and share information (with relevant consents) and understand how best to communicate with the young person. • Access to local leisure facilities, swimming, gym etc

**Age 19-25 years
– What Next? Not in EET**

EHC Plan and Needs Assessment Process	Friends, Relationships and My Community	Preparing for and thinking about education, employment and training	Developing Independence	Healthy Lifestyle
• The EHC Plan will cease where young person moves on to Higher Education, paid work, volunteering or social care services (without education) • Where a young person has an EHC Plan and leaves education but then decides they wish to return (and are still under 25yrs), the local authority will consider whether the previous EHC/SEN to be reviewed. It is possible however that a young person will have to go through the full EHC needs assessment • Referral to EHC by young person/family/FE or other	• May access mainstream activities and social setting (with or without support). • May access specialist social clubs and activities via voluntary sector. • Family support young person to develop social skills • Referral to Adult Social Care is appropriate	• May be in paid employment without support • May be in employment with support, through a supported employment organisation (additional support can be accessed through the Access to Work government scheme) – employment options could include job share, job carve, micro-enterprise or self employment • May be in volunteering role with or without support May be accessing social care support if not in employment or compliment employment options Signpost to Personal Advisor for Careers Advice, job training opportunities, volunteering opportunities to prevent NEET	• May live at home • May live independently away from family home (& possibly receive housing benefit) • May be accessing Shared Lives housing scheme • May be in a supported living scheme in borough, if eligible and agreed (& receive housing benefit) • May be in a supported living scheme out of borough, if eligible and agreed (& receive housing benefit) • May live in a Residential Care setting • Young person/family seek benefits advice • Ensure continued support for young person to enable independence in current setting	• May access healthcare independently • May access healthcare with support from specialist care settings • Family knows how to support young person to access to healthcare • May attend annual GP • Health Check

Disability Provisions Available to Barking and Dagenham

<https://www.gov.uk/definition-of-disability-under-equality-act-2010> - Definition of disability

<https://www.disabilityrightsuk.org/work-people-living-disability-or-health-conditions> Permitted work rules

Disability	Organisation Name	Scheme	Age	Support provided	Ref No
Acquired Brain Injury	Headway	Life after brain injury.	All	Practical support and advice, life adjustment skills, returning to work, support for carers https://www.headway.org.uk/supporting-you/in-your-area/groups-and-branches/london/headway-south-east-london-north-west-kent/ (u/5miles from BPH) https://www.headway.org.uk/supporting-you/in-your-area/groups-and-branches/london/headway-east-london/ (u/7miles from BPH)	
Additional needs	The Purple Penguin Club	Holiday club	5-18	Weekend club for children and young people with additional needs	
Autism	National Autistic Society	Prospects	All	Guidance and support to enable employers to create a welcoming and inclusive workplace for employees with ASD including Asperger syndrome. Services include job assessments, consultancy services and bespoke training sessions. Address: 391-393 City Rd, London EC1V 1NG Phone: 020 7704 7450	
	Sycamore trust	Holistic support	All	For people affected by Autism and or learning difficulties. Support given to parents Carers, families, children and young people. 0208 517 9317	

Blind & Partial Sight	Royal National college Residential training	Specialist Employment Support	18+	3-12mths support, moving a customer closer to work. \\dfs50577.link2.gpn.gov.uk\201611001\workgroup\Barking Shared\IBOARD\New iBoard\New iBoard.htm Select District provision tool > Disability Services > Specialist Employment services	
	RNIB	Action for Blind People	All	• Living with sight loss courses • Children young people and families • Technology assistance • Counselling and emotional support • Employment 105Judd Street Kings X tel 0800 440 2255 /0207 3912151 Send a message	
	Royal Society for Blind Children	Employability	18-25	For visually impaired job hunters	Jobcentre referral available
Deaf	BSL interpreter	DWP INTERNAL USE ONLY	All	Available upon request, with at least a weeks notice for job centre interviews.	
	Empowering Deaf Society	Information service	All	Support and information for deaf people; 0208 215 4710 6a Central Parade, Ley Street, Ilford, IG2 7DE	
	London Deaf Information Service	Support into employment for BSL users	All	The service operates on Mondays, Wednesdays and Thursdays from 10.30am until 2.30pm. St Mark's Community Centre 218 Tollgate Road, Beckton, E6 5YA Contact - Ahmed Kapadia a.kapadia.ldis@gmail.com	Jobcentre referral available

	Royal Association for Deaf People	Deaf Achieve	18+	London residents and provides them with social activities, job clubs, workshops etc Atlee Youth Centre in Liverpool Street Phone:0845 688 2525, Fax:0845 688 2526 Text Phone: 0845 688 2527 Email:Molly.Canavan@royaldeaf.org.uk Website:www.royaldeaf.org.uk SMS/Mobile: 07881341205 Deafachieve2@royaldeaf.org.uk	 Referral Form.doc  DA A4.pdf  Job club Redbridge.pdf
	Royal Association for Deaf People	London youth Hub	11-25	Youth club for young deaf people aged from 11-25 years old every Wednesdays (except half terms) from 4pm – 7pm at Atlee Youth Centre in Liverpool Street. Phone:0845 688 2525, Fax:0845 688 2526 Text Phone: 0845 688 2527 Email:Molly.Canavan@royaldeaf.org.uk Website:www.royaldeaf.org.uk SMS/Mobile: 07881341205	
	Royal Association for Deaf People	Talent Match	18-24	People with a hearing loss, clients will have to be out of education for more than 3 months and out of employment or training for at least 6 months. http://talentmatchlondon.org/about/ Phone:0845 688 2525, Fax:0845 688 2526 Text Phone: 0845 688 2527 Email:Molly.Canavan@royaldeaf.org.uk Website:www.royaldeaf.org.uk SMS/Mobile: 07881341205	
	Royal Association for Deaf People	Youth Advice	14-25	Support for young people with any issues such as benefits, sexual relationships, housing, C.V's, the list goes on. This project does not have any restrictions apart from the clients needing to live within	

				London. This support takes place at Atlee Youth Centre in Liverpool Street from 1pm -4pm. Phone:0845 688 2525, Fax:0845 688 2526 Text Phone: 0845 688 2527 Email:Molly.Canavan@royaldeaf.org.uk Website:www.royaldeaf.org.uk SMS/Mobile: 07881341205	
	RNID	Action on Hearing Loss		Tel - 0808 303 0123, Textphone – 0808 808 9000, Information@hearingloss.org.uk	
Diabetes	Diabetes UK	Advice and support	All	Customer Info  Diabetes UK Helpline.pdf  Diabetes in the workplace supp...	
Dyslexia	Waltham-Forest Dyslexia Association	Screening information and guidance and support	All	Dyslexia Screening U/16yrs £45.00, 16yrs+£55.00 provides strong indicators regarding having dyslexia or not. Full assessment £300.00 http://www.wfda.org.uk/what-we-do/working-with-adults/ 10 week free programme for adults with dyslexia thinking of getting back into education and employment Quaker House, 1a Jewel Road, Walthamstow, E17 4QU Tel 0208 558 8719	
	Exceptional individuals	Job Agency		Actively promoting the positivity of employing dyslexic people 0208 133 6046 http://www.exceptionalindividuals.com/ admin@exceptionalindividuals.com	
Learning difficulties	Talent Match	Mencap	18-24	Support into employment, employability skills, job searching, work experience, Apprenticeships, paid employment. 07534 565 966 or Angela.Hodges@mencap.org.uk http://talentmatchlondon.org/about/	

	Ellingham	I can ventures	18+	For people with individual budgets - Bridge the gap between education and employment for those not yet at a level to cope with mainstream or DWP programmes but who have the potential. Includes work based learning, work experience, increased independent living skills and recognised qualifications. Tel: 0208 519 5234	
Medical services	GP Hub for LBBD	GP Hub	All	0203 777 01888 or 111	
Mental Health	Big White Wall	Online peer support	All	Safe, anonymous counselling and peer support https://www.bigwhitewall.com/landing-pages/landingV3.aspx?ReturnUrl=%2f	
	NELFT NHS	Talking Therapies	All	0300 300 1554 Urgent – 0300 555 1000	
	Hainault Peace Garden	Voluntary gardening	18+	For people with enduring mental health issues. Gardening skills, Work Experience, routine in attending a place of work, calm supportive environment. 07525 125 057	
	Richmond Fellowship	Employability skills, mentor support	18+	For users of secondary Mental health services only.	
Mobility	DABD	Dial-a-wheelchair	All	http://dabd.org.uk/our-services/dial-wheelchair Please contact Dial-a-Wheelchair on 020 8252 5930 or email dialawheelchair@dabd.org.uk Dial-a-Wheelchair, 177 Valence Wood Road, Dagenham RM8 3AJ	
Pan Disability	Access to work	Services and equipment for reasonable adjustments	16+	Services available from job interview stage through to and including services and equipment to maintain employment https://www.gov.uk/access-to-work/what-youll-get	
	Adult Social care LBBD	Access Assessment Team	All	For assessment on needs for services and additional equipment within the home Intake team 0208 227 2915, intaketeam@lbbd.gov.uk	

	A Fairer chance	Employment prep for priority groups	18+	Deliver preparation for employment, training, workshops, peer mentoring, employer specific presentations, pre & post placement employment support for customers claiming JSA, ESA, UC, includes ex-offenders, work programme returners, over 50's, BME and women. (service now available beyond listed areas)	Jobcentre referral available
	Freedom Pass	Free TFL travel	All	Gives disabled residents of Greater London free travel on almost all public transport in London including National Rail, within the Freedom Pass boundary.	 Disabled persons Freedom Pass ...
	British Association of Supported Employment	Supported employment	All	http://base-uk.org/find-member-organisation?field_geofield_distance%5Bdistance%5D=10&field_geofield_distance%5Bunit%5D=6371&field_geofield_distance%5Borigin%5D=N1+4BZ&=Apply	
	Barking and Dagenham College	Educational/ vocational training	16+	Vocational and educational studies, access to Traineeships, apprenticeships, supported employment opportunities following education (employment opportunities obtained and backed by Remploy) http://www.barkingdagenhamcollege.ac.uk/en/courses-for-16-18-year-olds/index.cfm 16+ http://www.barkingdagenhamcollege.ac.uk/en/apprenticeships/index.cfm Apprenticeships and traineeships	
	Barking and Dagenham College	SEN support	19+	http://www.barkingdagenhamcollege.ac.uk/en/facilities/additional-needs.cfm	
	Catch 22	Inspiring families	All	Support into training and employment suitable for members of households with multiple challenges. call Sudipta on 0203 700 385	
	Catch 22	Right choice	16+	Help to find work experience, volunteering, training opportunities, college courses or even a full time job, based on your needs and life goals. On-going support provided even once you've started your next step.	

	DABD	Volunteering	18+	DBS check paid for , valuable work experience in a variety of fields, the opportunity to find out how much they can cope with work routine and commitment 0208 215 9770	
	DABD	NEET LLDD	16-24	Support into apprenticeships, employment, educations or traineeships. Dedicated adviser provided, work placements cv writing and interview techniques. 0208 215 9770	Jobcentre referral available
	Ellingham	Work Choice	18+	Pre-assessment / warm handover chat available between customer and the provider for the customer to assess whether or not they are ready and would like to use the provision https://www.gov.uk/work-choice/overview - Government overview http://www.ellingham.org.uk/employment/clients-and-job-seekers/programmes/work-choice	<u>Jobcentre referral only</u>
	LBBD	Sensory Team	All	Equipment, training and support for those who have a sensory impairment, either hearing or sight loss. TEL Bernadette Wakeling, Dual Sensory Worker, Sensory Team, 90 Stour Road, Dagenham, RM10 7JD. 020 8227 3780, lbbd.gov.uk www.facebook.com/barkinganddagenham	Jobcentre referral available
	Linx	SIA Level 2	18-24	Training – Fully funded including certificate and badge, training provided in 8days over a 3wk period. Readers provided but no scribes. 0208 166 1593.	
	National Autistic Society	Prospects LONDON	All	Guidance and support to enable employers to create a welcoming and inclusive workplace for employees with ASD including Asperger's. Services include job assessments, consultancy services and bespoke training sessions Studio 8, The Ivories, 6-8 Northampton Street, N1 2HY. Tel 020 7704 7450, Fax .0207 359 440 Email: Prospects-London@nas.org.uk	
	Remploy	Work Choice	18+	Pre-assessment / warm handover, chat available between customer and the provider for the customer to assess whether or not they are ready and would like to use the provision. https://www.gov.uk/work-choice/overview Government overview http://www.remploy.co.uk/info/20137/partners_and_programmes/83/work_choice -	Jobcentre referral only

	1. Steps into Employment 2. Remploy 3. Shaw Trust 4. Royal National College	Specialist Employment Support	18+	3-12mths support, moving a customer closer to work. https://www.gov.uk/specialist-employability-support/overview The list of providers' online support the UK. The providers supporting Barking and Dagenham are listed in column 2 of this table.	Jobcentre referral only
	Alison.com	Free Online courses	All	Suitable for all people– can be utilised by people in WRAG https://alison.com/	
	Vision2Learn	Online & Free Distance learning	All	Suitable for all people– can be utilised by people in WRAG https://www.vision2learn.com/our-services.aspx	
	Learn My Way	Free online courses	All	Very basic IT training - can be utilised by people in WRAG to up-skill or any technophobe https://www.learnmyway.com/	
	Code Academy	Free online course	All	Online training for the true Tech-head - can be utilised by people in WRAG or someone wanting a change in career, happy to train in their spare time. https://www.codecademy.com/	
Speech	British Stammering Society (BSA)	Advice and support for parents, individuals and employers	All	BSA helpline ^{web} 020 8800 6590 BSA email info@stammering.org ^{web}	
Stroke	Redbridge Stroke Club	Advice and support for individuals and carers	16+	Information, advice , support, Re-enablement and social inclusion contact Alan Kaizer Loxford Youth Centre, Loxford Lane, Ilford, IG1 2UT redbridge-stroke-club@hotmail.co.uk Tel 020 8554 8478	