

Opening Hours

The Centre is open
Tuesday to Friday 10 am to 3pm

However, should the need arise we can consider additional opening times to meet the needs of clients and their carers.

We are also offering half and full day respite service for carers at £10 per hour with at least 24hrs notice but emergencies may be accommodated for.



For further information or a referral request please contact:

Tel: 0208 595 6828 or 0208 984 9940

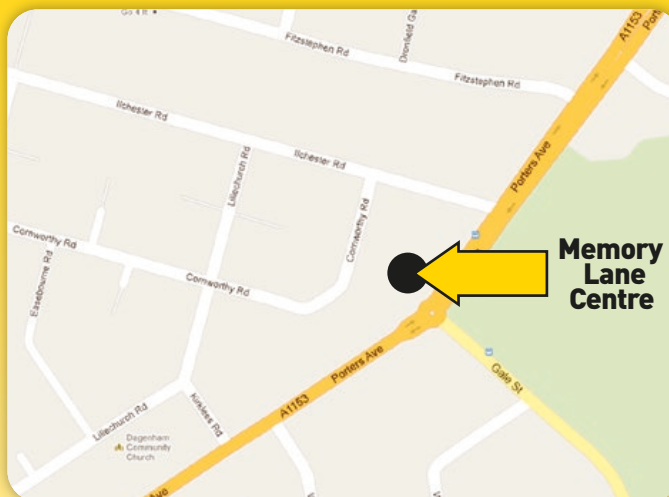
carers@carerscentre.org.uk

www.carerscentre.org.uk

 Carers Centre SA Ltd

 @BandDcarers

You can find us at



Memory Lane Resource Centre
234A Porters Avenue
(next to health centre)
Dagenham, Essex RM8 2EQ

**Barking &
Dagenham**



**CARERS
TRUST**

Registered Charity no: 1063485
Company Limited by Guarantee (England) No: 3180671



CARERS' HUB

Memory Lane Resource Centre

Helping to care and maintain
the quality of life of people with
Dementia, Learning Disability, Physical
Sensory, Elderly Frail and their Carers



Who can use Memory Lane Resource Centre?

We work in partnership with people who have dementia, learning disability, physical sensory, elderly frail and with their relatives or carers.

We offer Person Centred Care Plans for all clients to assess their individual care, cultural and personal needs. You can access the Centre through self-referral, Intake Team, individual budgets, Direct Payments or private funding at £50 per day or £10 per hour. Transport needs can be discussed if necessary.

Services we provide but not limited to:

We run a number of activities from which each client can choose, depending on individual interests, hobbies, mobility and vocational skills.

The activities we provide are designed to help by:

- Bringing back familiarity
- Build social confidence
- Establishing friendships to enhance wellbeing

Carers also have access to:

- Social Workers
- Dementia Advisor
- Peer support groups
- Training

We have a skilled team that work with clients through:

- Life skills
- Group work
- Social activities and much, much more
- Observation
- Entertainment

All clients can have activities adapted to meet their individual needs including religious and cultural needs.

Our building is fully accessible with adaptive equipment and facilities to ensure no one misses out

Food is served throughout the day and includes a light breakfast, three-course lunch, regular hot or cold drinks and afternoon tea.
All cultural and dietary needs are catered for.

